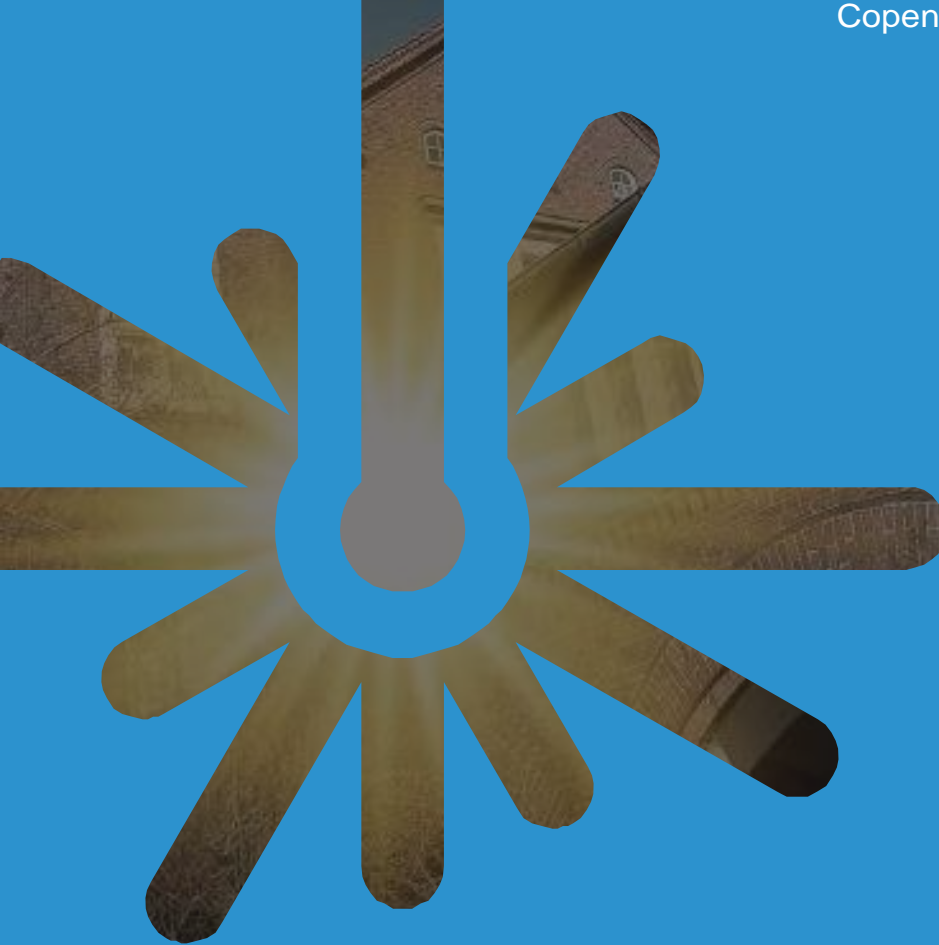


Programme & Presentations

Nordic Course on Laser Dermatology

16 - 17 November 2018
Bispebjerg Hospital
Copenhagen, Denmark



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**Nordic Course on
Laser Dermatology**

Welcome

Dear Participant

It is a great pleasure to welcome you to the

1st Nordic Course on Laser Dermatology in Copenhagen.

The 2 day course will offer 12 lectures, given by internationally recognized speakers, hands-on exercises and case-based interaction . You will achieve up-to-date theoretical knowledge on lasers and energy based devices in dermatology and gain clinically relevant skills about practical procedures, tips and tricks .

We look forward to provide you with the theoretical and practical skills, required to practice laser dermatology in your own setting .

A warm welcome to Copenhagen, enjoy the course!

On behalf of the entire faculty,



Merete Haedersdal,
MD, Ph .D, DMSc

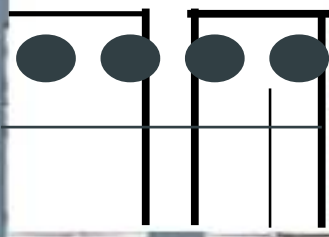
Programme

Friday 16th November

| | | |
|---------------------------------------|---|-----------------------------|
| 9:00 | Registration and coffee | |
| 9:50 | Welcome and introduction to scientific faculty | |
| Part 1: Basics | | |
| 10:00 | Lecture 1 Devices overview, Laser-tissue interactions Immediate skin responses, Therapeutic endpoints and warning signs | <i>Albert Wolkerstorfer</i> |
| 11:00 | Lecture 2 Laser safety | <i>Merete Haedersdal</i> |
| 11:30 | Lecture 3 Side effects – and how to avoid them | <i>Christine Dierickx</i> |
| 12:00 - 12:45 | Lunch | |
| Part 2: Clinical Indications I | | |
| 12:45 | Lecture 4 Vascular lesions – How to optimize treatment outcomes | <i>Merete Haedersdal</i> |
| 13:15 | Lecture 5 Hair removal – Procedures and different patient groups | <i>Christine Dierickx</i> |
| 13:45 | Lecture 6 Surgical procedures with ablative lasers . Fractional and full ablative | <i>Albert Wolkerstorfer</i> |
| 14:15 | Questions and Catch up | |
| 14:30 – 15:00 | Coffee break Walk to Derm Department, Laser Unit, Entrance 4, 1 st floor | |
| Part 3: Hands on | | |
| 15:30 – 17:30 | Clinical exercises, Laser unit, Derm Department, Bispebjerg Hospital | <i>Katrine Karmisholt</i> |
| 17:30 – 19:00 | Welcome reception: Wine and snacks | |

Saturday 17th November

| Part 4: Clinical indications II | | |
|--|--|--|
| 9:00 | Lecture 7 Lasers for the treatment of skin (pre)-malignancies | <i>Merete Haedersdal</i> |
| 9:30 | Lecture 8 Pigmented lesions and tattoos | <i>Albert Wolkerstorfer</i> |
| 10:00 | Lecture 9 Treatment of the ageing face and neck | <i>Christine Dierickx</i> |
| 10:30 | Coffee break | |
| 11:00 | Lecture 10 Scar treatment - different approaches to different types of scars | <i>Merete Haedersdal</i> |
| 11:30 | Lecture 11 Hyperhidrosis | <i>Christine Dierickx</i> |
| 12:00 | Lecture 12 Cutting edge – New treatments in the pipeline | <i>Merete Haedersdal</i> |
| 12:30 - 13:15 | Lunch | |
| Part 5: Clinical Cases | | |
| 13:15 | Case-based interaction with participants | <i>Albert Wolkerstorfer, Christine Dierickx, Katrine Karmisholt, Merete Haedersdal</i> |
| 15:00 | Test, self-assessment | <i>Katrine Karmisholt</i> |
| 15:30 | Evaluation, thank you and good bye | |



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General information

Certificates of Attendance

Certificates of attendance will be available for download after the course . A link will be sent to you shortly after the end of the course .

Conference venue

Bispebjerg Hospital
Esther Ammundsens vej
Uddannelsescenter, building 50
2400 Copenhagen
Denmark

Contact

Course Secretariat
c/o CAP Partner
Nordre Fasanvej 113, 2nd floor
2000 Frederiksberg C
Denmark
T: +45 70 20 03 05
info@cap-partner .eu or
ks@cap-partner .eu

Language

The language of the course is English .

Social Event

Welcome reception

Friday 16th November
Auditorium hallway

Join your colleagues for snacks and wine/soft drinks . Included in the registration fee . Please note that the reception is not a dinner .

Entitlements

The registration fee includes:

- t/ Admission to the full course programme
- t/ All course materials
- t/ Lunches and break refreshments
- t/ Welcome reception on November 16 2018
- t/ Certificate of attendance

Lost and Found

Found items should be returned to the registration desk . If you lose something, please report to this desk for assistance .

Mobile phones

All mobile phones must be on silent mode during the sessions .

Wi-Fi

Free Wi-Fi is provided throughout the venue . Connect to BBH guest net and follow the steps provided .

Faculty Information



Christine C. Dierickx, MD

Christine C. Dierickx finished her dermatology residency in Belgium . Subsequently, she completed a fellowship in phlebology in the Netherlands, a clinical laser fellowship with Dr . R . Fitzpatrick in San Diego, CA and a Mohs fellowship with Dr . F. Mohs in Madison, Wi .

During a 2-year laser fellowship with Dr . R . Anderson at Massachusetts General Hospital of Harvard University, she developed research laser expertise in various fields. For her work on the thermal relaxation time of ectatic blood vessels, she received the Best Basic Science Award of the American Society for Laser Medicine and Surgery . Subsequently, she became a full-time staff member of the Wellman Laboratories at Harvard . During this time, she conducted the research projects with long pulsed ruby and diode lasers for hair removal that led to approval for permanent hair reduction .

She returned to Europe in 2000 where she is in private practice in Luxembourg .

In 2006, Dr. Dierickx was vice-president of the “American Society of Laser Medicine and Surgery, Inc” and afterwards a board member of the International Committee . In 2013 she was the recipient of the Vasant Orwal Oration van de British Medical Laser Society . In April 2016, she was granted the Leon Goldman memoriam award . This award recognizes a practicing physician whose career demonstrates excellence in clinical research, patient care, or education, related to medical lasers .

Dr . Dierickx remains actively involved in research on various energy based devices and its applications . She has published and lectured nationally and internationally in the field of laser surgery, energy based devices and photodynamic therapy .



Merete Hædersdal, MD, Ph.D, DMSc

Dr. Merete Haedersdal, MD, PhD, DMSc, is clinical professor of dermatology at University of Copenhagen, senior consultant at Dept of Dermatology, Bispebjerg University Hospital, Copenhagen, Denmark .

Dr . Haedersdal directs the Laser Dermatology Clinic at Bispebjerg University Hospital, and she is affiliated visiting scientist at Wellman Center for Photomedicine, Massachusetts General Hospital, Harvard Medical School, pioneering “laser-assisted drug delivery” together with Dr . R. Rox Anderson and his team .

Professor Haedersdal has published > 150 scientific papers and lectures internationally . Her research team focuses on translational medicine in the field of laser dermatology, fractional laser-assisted drug delivery, photodynamic therapy, and treatment of skin cancer with light-based devices .



Katrine Elisabeth Karmisholt, MD, Ph.D

Dr. Karmisholt is a Danish board-certified specialist in dermatology at Bispebjerg Hospital . Since Dr . Karmisholt specialized in dermatology, almost 6 years ago, she has worked with a wide range of laser devices .

On a regular base, Dr . Karmisholt treats vascular lesions, acne scars, burn scars, rhinophyma as well as performs minor surgery with lasers .

Dr. Karmisholt has received expert training with the Miami-based international laser expert in scar treatments Dr . J. Waibel . Furthermore, Dr . Karmisholt’s research comprises laser treatment of scars with her Ph.D. thesis focusing on laser treatment in early wound healing and the clinical effect on scar formation .

Additionally, Dr . Karmisholt speaks at and attends international and national laser conferences and laser meetings .



Faculty Information



Albert Wolkerstorfer, MD, Ph.D

Albert Wolkerstorfer works as dermatologist at the Department of Dermatology/Netherlands Institute for Pigment Disorders, Amsterdam University Medical Centre in the Netherlands .

His academic fields of interest are laser dermatology and pigmented disorders. In both fields, he combines experimental and clinical research with clinical activities at the outpatient department .



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