Welcome to the

Nordic Course on Laser Dermatology



Dear Participant

It is a great pleasure to welcome you to the 3rd Nordic Course on Laser Dermatology in Copenhagen.

The 2 day course will offer 13 lectures, given by internationally recognized speakers, exercises and casebased interaction. You will achieve up-to-date theoretical knowledge on lasers and energy-based devices in dermatology and gain clinically relevant skills about practical procedures, tips and tricks

We look forward to providing you with the theoretical and practical skills, required to practice laser dermatology in your own setting. A warm welcome to Copenhagen, enjoy the course!

On behalf of the entire faculty,

Merete Haedersdal,
MD, Ph D, DMSc
Course Director of
the Nordic Course on Laser Dermatology

Faculty



Merete Haedersdal, Professor MD, PhD, DMSc

Course director of the Nordic Course on Laser Dermatology Clinical Professor, Department of Dermatology, University of Copenhagen, Bispebjerg Hospital, Copenhagen, Denmark Research Staff, Wellman Center for Photomedicine Massachusetts General Hospital, Harvard Medical School Boston, USA



Albert Wolkerstorfer, Dermatologist, MD, PhD

Amsterdam, The Netherlands
Vice-president Key & Officer Education ESLD
Dept Dermatology / Netherlands Institute for
Pigment Disorders
Amsterdam University Medical Centre
University of Amsterdam



Peter Bjerring, Clinical Professor

Aalborg, Denmark
Department of Dermatology
Aalborg University Hospital
Consultant, Private Hospital Molholm, Vejle



Andrés Erlendsson, MD PhD

Stockholm, Sweden Dermatology, Theme Inflammation and Aging Karolinska, University Hospital



Katrine Elisabeth Karmisholt, MD, PhD, ass.prof.

Copenhagen, Denmark Bispebjerg Hospital, Dermatology Department



Christina Haak, MD, PhD

Copenhagen, Denmark HAAK, Medical and Aesthetic Dermatology, Copenhagen K



Maria R- Kamstrup, MD, PhD, ass. prof.

Department of Dermatology Bispebjerg Hospital, Dermatology Department



Gabriela Grove, MD, PhD fellow

Department of Dermatology Copenhagen University Hospital, Bispebjerg, Denmark

Programme

Thursday June 13th, 2024

Time	Lecture	Title	Speaker		
09:00		Registration and coffee			
09:45		Welcome and introduction to scientific faculty			
		Basics			
10:00	Lecture 1	Introduction - Overview of laser devices. Insights into biological endpoints and warning signs	Albert Wolkerstorfer		
11:00	Lecture 2	Safety in laser procedures and Energy-Based Devices (EBDs)	Andrés Erlendsson		
11:30	Lecture 3	Challenging cases - Lessons learned and how to avoid side effects	Faculty		
12:00		Lunch			
Clinical Indications I					
13:00	Lecture 4	Surgical procedures with ablative lasers, minor and major. Fractional and full ablative.	Albert Wolkerstorfer		
13:30	Lecture 5	Vascular lesions - Maximizing treatment success	Merete Haedersdal		
		Workshop / breakout rooms			
		What's inside the box	Peter Bjerring		
14:00		Hidradenitis	Katrine Karmisholt		
		ESLD - Why?	Albert Wolkerstorfer		
		A memorable case	Merete Haedersdal		
15:00		Coffee break			
		Clinical Indications II			
15:30	Lecture 6	Hair removal - Techniques and different patient groups	Katrine Karmisholt		
16:00	Lecture 7	Scar treatment - Tailored treatments for every scar	Merete Haedersdal		
16:30	Lecture 8	Hyperhidrosis - Unveiling the efficacy of Microwaves	Gabriela Grove		
17:00		Laser Quiz (Day 1)	Andrés Erlendsson Gabriela Grove		
17:30- 18:30		Welcome reception with wine, snacks and networking opportunities			

Friday June 14th, 2024

08:00		Coffee and good morning			
Clinical Indications III					
08:30	Lecture 9	The aging face - Cosmetic treatments with Energy-Based Devices and adjuvant therapies	Peter Bjerring		
09:00	Lecture 10	Pigment - Mastering pigmented lesions and tattoo removal	Albert Wolkerstorfer		
09:30	Lecture 11	Photodamage and (pre)-malignancies - Powerful treatments with PDT, lasers, and light	Merete Haedersdal		
		Workshop / breakout rooms / coffee to go			
		My best approach - Sebaceous hyperplasia	Christina Haak		
10:00		My best approach - Gunpowder tattoos	Merete Haedersdal		
		My best approach - Xanthelasmata	Peter Bjerring		
		My best approach - Epidermal / sebaceous nevi	Maria Kamstrup		
Clinical Indications IV					
11:00	Lecture 12	My experience - Establishing and organizing a medical and cosmetic laser clinic	Christina Haak		
11:40	Lecture 13	My experience - Teaching program for next generation	Maria Kamstrup		
12:00		Lunch			
13:00		Clinical cases - Interaction with participants - Kaleidoscopic presentation of patient cases	Faculty		
14:00		The winner takes it all: Prize - a Preceptorship in Copenhagen	Andrés Erlendsson Gabriela Grove		
14:30		Evaluation			

Practical information

Social event

Participants and faculty members are invited to the welcome reception, held 13 June 2024, 17:30-18:30 (just after the programme ends) at the course venue. Wine and snacks will be served, but the event is not a dinner. The welcome reception is included in the registration fee.

Certificate of attendance

Certificate of attendance is available on 14th June at the registration desk. If you prefer to download and print at home, you will also receive a link to download your certificate of attendance after the course.

Wifi

Wifi name: Lifesciencehuset-guest Password: Livifremtiden

Contact information

If you have any questions during or after the course, please contact:

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